

### Hauptlauf Damen

1	228	Steiner Marianne	1974	Lachen	00:57:47.1	00:00:00.0
2	136	Laager Nadja	1993	Mitlödi	00:59:06.9	00:01:19.8
3	33	Hunold-Fischli Mirjam	1969	Oberurnen	01:00:00.1	00:02:13.0
4	185	Jud Annemarie	1959	Rufi	01:01:29.8	00:03:42.7
5	120	Maduz Stefanie	1990	Ennenda	01:02:02.9	00:04:15.8
6	172	Tiefenauer Brigitte	1963	Uznach	01:02:22.8	00:04:35.7
7	209	Kilchherr Virginia	1966	Rüschlikon	01:02:27.9	00:04:40.8
8	171	Gassmann Ursula	1969	TVU / cityrunning.ch	01:02:44.3	00:04:57.2
9	111	Fischer Katarina	1976	Münschen GER	01:03:15.8	00:05:28.7
10	40	Fässler Katharina	1977	Wollerau	01:03:49.9	00:06:02.8
11	34	Knobel Manuela	1985	Näfels	01:04:59.5	00:07:12.4
12	158	Salvadori Karin	1986	Glarus	01:05:22.8	00:07:35.7
13	208	Egli Heidi	1957	Wädenswil	01:05:35.0	00:07:47.9
14	256	Thöny Larissa	1995	Seewis	01:05:48.8	00:08:01.7
15	199	Neukom Patrizia	1969	Adliswil	01:06:10.6	00:08:23.5
16	154	Lüscher Corinne	1972	Glarus	01:07:35.7	00:09:48.6
17	210	Zimmelmann Ute	1967	Horgen	01:07:48.1	00:10:01.0
18	122	Müller Yvonne	1991	Glarus	01:08:02.6	00:10:15.5
19	207	Hunkeler Karin	1970	Zürich	01:08:06.1	00:10:19.0
20	251	Hunold Laura	1999	Oberurnen	01:08:34.3	00:10:47.2
21	265	Hefti Rita	1983	Ennenda	01:08:41.3	00:10:54.2
22	155	Masshardt Erika	1966	Hinwil	01:08:50.6	00:11:03.5
22	161	Süsstrunk Marlies	1964	Pfäffikon	01:08:50.6	00:11:03.5
24	159	Salvadori Laura	1991	Glarus	01:09:10.5	00:11:23.4
25	220	Schalcher Karin	1963	Hinwil	01:09:33.8	00:11:46.7
26	43	Wirth Marianne	1977	Netstal	01:09:51.3	00:12:04.2
27	148	Durscher Anita	1969	Näfels-Mollis	01:10:20.5	00:12:33.4
28	214	Meienhofer Judith	1967	Langnau a.Albis	01:10:31.6	00:12:44.5
29	156	Müller Yvonne	1991	Weesen	01:10:36.9	00:12:49.8
30	49	Bienvue Brigitte	1968	Oberurnen	01:11:34.2	00:13:47.1
31	206	Steinegger Kaja	1965	Altdendorf	01:11:57.3	00:14:10.2
32	173	Hug Rita	1966	Schwanden	01:12:25.0	00:14:37.9
33	175	Bohren Ruth	1964	Wetzikon ZH	01:12:27.5	00:14:40.4
34	197	Holz Katharina	1984	Glarus	01:12:34.9	00:14:47.8
35	191	Giesen Athene	1985	Zell	01:12:53.7	00:15:06.6
36	116	Keller Alice	1958	Glarus	01:13:17.2	00:15:30.1
37	230	Lippl Nadine	1982	Mollis	01:13:43.9	00:15:56.8
38	169	Stauffer Irene	1968	Oberurnen	01:13:53.0	00:16:05.9
39	205	Diener Laura	1986	Glarus	01:14:10.5	00:16:23.4
40	180	Fischer Moira	1992	Uitikon	01:14:40.5	00:16:53.4
41	247	Meyer Ursi	1989	Mollis	01:14:59.7	00:17:12.6
42	130	Zeller Stefanie	1983	Ennenda	01:15:36.2	00:17:49.1
43	231	Allemann Maya	1959	Netstal	01:15:42.0	00:17:54.9
44	263	Rebsamen Andrea	1980	Näfels	01:15:54.5	00:18:07.4
45	110	Fischer Irene	1980	Haar GER	01:15:57.1	00:18:10.0
46	243	Hauptli Saarah	1979	Netstal	01:17:02.9	00:19:15.8
47	275	Zimmermann Cornelia	1968	Stäfa	01:19:28.2	00:21:41.1
48	272	Facchinetti Christiine	1970	Hombrechtikon	01:19:28.3	00:21:41.2
49	246	Kreis Angela	1989	Schwändi	01:19:44.4	00:21:57.3
50	168	Kiener Regina	1975	Niederurnen	01:26:25.4	00:28:38.3
51	192	Schrepper Ilona	1995	Amden	01:39:30.6	00:41:43.5

### Hauptlauf Herren

1	250	Kreienbühl Christian	1981	Rüti ZH	00:40:33.0	00:00:00.0
2	248	Marti Adrian	1978	Schmerikon	00:43:07.8	00:02:34.8
3	257	Ott Marcel	1995	Linthal	00:45:48.6	00:05:15.6
4	127	Schmid Fredy	1964	Marbach SG	00:46:23.5	00:05:50.5
5	253	Peter Peter	1966	Männedorf	00:46:26.6	00:05:53.6
6	196	Elmer Hannes	1989	Niederurnen	00:46:32.3	00:05:59.3

7	193	Mezzomo Walter	1969	Glarus	00:46:57.2	00:06:24.2
8	198	Figi Rolf	1987	Betschwanden	00:47:30.1	00:06:57.1
9	115	Huber Felix	1975	Maseltrangen SG	00:48:38.0	00:08:05.0
10	225	Stüssi Patrik	1976	Glarus	00:49:53.9	00:09:20.9
11	276	Gautschi Martin	1961	Hittnau	00:50:49.5	00:10:16.5
12	219	Leuzinger James	1982	Nidfurn	00:51:13.4	00:10:40.4
13	241	Künzli Werner	1962	Näfels	00:51:17.1	00:10:44.1
14	242	Hiernickel Andreas	1967	Schwanden	00:51:58.6	00:11:25.6
15	131	Gächter Dijan	1958	Schwändi	00:52:09.7	00:11:36.7
16	255	Thöny Andrin	1993	Seewis	00:52:28.5	00:11:55.5
17	103	Beglinger Urs	1958	Zürich	00:52:39.0	00:12:06.0
18	137	Lehmann Cyril	1997	Ennenda	00:53:12.3	00:12:39.3
19	113	Graber Marcel	1967	Jona	00:53:28.0	00:12:55.0
20	160	Stüssi Markus	1966	Näfels-Mollis	00:53:38.3	00:13:05.3
21	268	Gygli Sämi	1984	Glarus	00:53:40.5	00:13:07.5
22	239	Elmer Bruno	1960	Niederurnen	00:53:56.9	00:13:23.9
23	218	Vogel Marco	1965	Rüti ZH	00:54:14.3	00:13:41.3
24	140	Meyer Jürg	1988	Mollis	00:54:33.0	00:14:00.0
25	112	Gaffuri Maurizio	1983	Filzbach	00:54:42.8	00:14:09.8
26	195	Stäheli Samuel	1994	Glarus	00:54:45.9	00:14:12.9
27	269	Steiner Andreas	1968	Ermenswil	00:54:46.5	00:14:13.5
28	126	Rusterholz Marco	1981	Winterthur	00:54:56.4	00:14:23.4
29	217	Schlittler Samuel	1991	Niederurnen	00:54:57.5	00:14:24.5
30	141	Muhl Florian	1983	Glarus	00:54:59.8	00:14:26.8
31	132	Grob Mathias			00:55:08.9	00:14:35.9
32	222	Bernet Bruno	1966	Gommiswald	00:55:22.2	00:14:49.2
33	232	Heel Martin	1972	Tuggen	00:55:35.9	00:15:02.9
34	35	Gaffuri Alesssandro	1981	Näfels	00:55:41.4	00:15:08.4
35	177	Caderas Flavio	1993	Närikon	00:56:03.2	00:15:30.2
36	117	Krucker Adrian			00:56:07.8	00:15:34.8
37	237	Elmer Andreas	1980	Mollis	00:56:09.9	00:15:36.9
38	223	Green Robin	1993	Glarus	00:56:43.9	00:16:10.9
39	240	Jud Frederik	1986	Niederurnen	00:56:46.8	00:16:13.8
40	235	Streiff Christian	1986	Team Nutrilite	00:56:57.3	00:16:24.3
41	37	Studer Ruedi	1969	Schwändi	00:57:01.8	00:16:28.8
42	38	Weber Peter	1959	Netstal	00:57:14.9	00:16:41.9
43	106	Bosshard Andi		Brütten	00:57:18.2	00:16:45.2
44	107	Christoffel Adrian	1972	Zürich	00:57:23.8	00:16:50.8
45	157	Rios Martin	1981	Riedern	00:57:37.5	00:17:04.5
46	165	Wunderle Pascal	1992	Niederurnen	00:58:01.9	00:17:28.9
47	150	Hösli Philipp		Ennenda	00:58:26.6	00:17:53.6
48	270	Weber Jakob	1996	TV Hinwil Polyathletics	00:58:31.2	00:17:58.2
49	47	Hauser Walter	1958	Glarus	00:58:39.9	00:18:06.9
50	42	Aykol Uguf	1968	Zürich	00:58:48.1	00:18:15.1
51	186	Nold Heiri	1959	Ennenda	00:58:55.5	00:18:22.5
52	149	Hauser Romano	1990	Näfels	00:59:06.4	00:18:33.4
53	215	Freytag Nico	1990	Schwanden	00:59:12.0	00:18:39.0
54	41	Olykol Ufuk	1968	Zürich	00:59:21.8	00:18:48.8
55	164	Gallati Patrik	1980	Mollis	00:59:34.6	00:19:01.6
56	104	Bleuler Andreas	1983		00:59:40.7	00:19:07.7
57	128	Vogel Bruno	1959	Langnau a.A.	00:59:59.2	00:19:26.2
58	153	Lüscher Christian	1973	Glarus	01:00:06.9	00:19:33.9
59	46	Streiff Marcel	1970	Buttikon	01:00:12.3	00:19:39.3
60	166	Zweifel Andris	1992	Glarus	01:00:20.8	00:19:47.8
61	203	Grob Hansruedi	1988	Mitlödi	01:00:53.3	00:20:20.3
62	142	Müller Stefan	1987	Ennenda	01:00:59.3	00:20:26.3
63	189	Meesters Martin	1981	Schwändi	01:01:00.1	00:20:27.1
64	264	Schneider Hannes	1968	Ennenda	01:01:12.5	00:20:39.5
65	138	Marti Thomas	1986	Ennenda	01:01:14.7	00:20:41.7
66	262	Wolf Oliver	1984	Näfels	01:01:24.0	00:20:51.0
67	125	Poletti Franco	1951	Oberurnen	01:01:25.2	00:20:52.2
68	188	Stocker Stefan	1966	Filzbach	01:01:49.0	00:21:16.0
69	259	Collenberg Norbert	1953	Zürich	01:01:56.1	00:21:23.1
70	267	Hauser Sämi	1989	Glarus	01:02:30.1	00:21:57.1
71	143	Polli Sandro			01:02:37.2	00:22:04.2
72	36	Waldvogel Andreas		Ennenda	01:02:41.0	00:22:08.0
73	102	Becker Kaspar	1969	Ennenda	01:02:45.1	00:22:12.1
74	176	Cafagna Michele	1971	Altendorf	01:03:15.9	00:22:42.9
75	211	Belt Stephan	1952	Adliswil	01:03:39.7	00:23:06.7
76	109	Eigenmann Marcel	1982	Glarus	01:03:46.9	00:23:13.9
77	39	Böni Andre	1970	Wollerau	01:03:50.0	00:23:17.0
78	238	Klauser Hanspeter	1961	Glarus	01:03:58.9	00:23:25.9
79	48	Schlitter Marco	1996	Diesbach	01:04:08.4	00:23:35.4
80	45	Landolt Fritz	1967	Weesen	01:04:14.7	00:23:41.7
81	134	Hostettler Michael	1989	Niederurnen	01:04:32.1	00:23:59.1
82	234	Good Heinz	1963	Glarus	01:04:42.4	00:24:09.4
83	183	Tiesch Stefan	1974	Bilten	01:04:54.3	00:24:21.3

84	181	Landolt Urs	1974	Glarus	01:04:55.2	00:24:22.2
85	182	Ficchetti Lukas	1974	Quarten	01:04:55.4	00:24:22.4
86	249	Ebenhart Florian	1986	Mollis	01:05:08.6	00:24:35.6
87	167	Rack Daniel	1970	Glarus	01:05:24.7	00:24:51.7
88	152	Luchsinger Andy	1962	Haslen	01:05:42.2	00:25:09.2
89	135	Jenny Stefan	1998	Sool	01:05:45.1	00:25:12.1
90	100	Aebli Fabian	1997	Näfels	01:06:19.9	00:25:46.9
91	202	Becker Ruedi	1972	Schwanden	01:06:35.0	00:26:02.0
92	200	Neukom Roger	1968	Adliswil	01:06:35.6	00:26:02.6
93	229	Lippl Achim	1974	Mollis	01:06:47.7	00:26:14.7
94	118	Landolt Marcel	2019	Wetzikon ZH	01:07:07.5	00:26:34.5
95	274	Zimmermann Beat	1962	Stäfa	01:07:11.3	00:26:38.3
96	244	Gross Frank	1954	Netstal	01:07:30.7	00:26:57.7
97	233	Hefti Marco	1957	Ennenda	01:07:44.8	00:27:11.8
98	121	Marti Thomas	1961	Sool	01:07:55.8	00:27:22.8
99	123	Müller Hans	1995	Mollis	01:08:25.0	00:27:52.0
100	266	Hefti Andreas	1983	Näfels	01:08:41.4	00:28:08.4
101	101	Bachmann Peter	1964	Adliswil ZH	01:08:51.8	00:28:18.8
102	204	Perret Daniel	1983	Mollis	01:09:03.4	00:28:30.4
103	108	Dürmüller Bruno	1965	Netstal	01:09:12.5	00:28:39.5
104	174	Bohren Albert	1946	Wetzikon ZH	01:09:17.9	00:28:44.9
105	170	Cherner Carey	1930	Glarus	01:11:38.2	00:31:05.2
106	194	Rhyner Severin	1994	Mittlödi	01:11:44.8	00:31:11.8
107	119	Landolt Ruedi	1967	Hedingen	01:11:52.8	00:31:19.8
108	44	Landolt Thomas	1982	Einsiedeln	01:11:56.0	00:31:23.0
109	146	Trümpy Raffael			01:14:33.2	00:34:00.2
110	144	Reithebuch Stefan	1988	Glarus	01:19:45.3	00:39:12.3
111	129	Werfeli Friedrich	1952	Schwändi	01:21:43.8	00:41:10.8
112	216	Ruiz Osbaldo	1981	Wollerau	01:25:06.8	00:44:33.8
113	245	Dalibor Ladic	1987	Näfels	01:31:32.2	00:50:59.2

## Einsteigerlauf Damen

1	50	Huber Maya	1974	Glarus	00:34:52.2	00:00:00.0
2	90	Bäble Michelle	2002	Elm	00:35:37.5	00:00:45.3
3	89	Elmer Malia	2002	Elm	00:35:39.4	00:00:47.2
4	93	Glarner Nina	1985	Glarus	00:36:04.2	00:01:12.0
5	179	Lenzinger Stephanie	1985	Zürich	00:36:51.2	00:01:59.0
6	227	Berdux Yvonne	1974	Tuggen	00:37:55.6	00:03:03.4
7	94	Glarner Neomi	1992	Niederurnen	00:38:53.9	00:04:01.7
8	190	Elmer Daniela	1986	Schwanden	00:39:06.0	00:04:13.8
9	212	Knobel Carina	1987	Näfels	00:39:22.1	00:04:29.9
10	221	Weber Marion	1981	Engi	00:39:34.2	00:04:42.0
11	57	Huber Alyssa-Vanessa	1998	Glarus	00:40:35.2	00:05:43.0
12	236	Reusser Corinne	1959	Glarus	00:42:19.3	00:07:27.1
13	187	Nold Priska	1962	Ennenda	00:42:19.5	00:07:27.3
14	252	Früh Beatrice	1975	Männedorf	00:42:50.2	00:07:58.0
15	73	Nold Elisabeth	1974	Mittlödi	00:42:51.0	00:07:58.8
16	224	Caderas Seraina	1986	Glarus	00:43:03.8	00:08:11.6
17	76	Salvadori Carmen	1988	Glarus	00:43:22.4	00:08:30.2
18	63	Luchsinger Anja	1994	Haslen	00:43:27.1	00:08:34.9
19	96	Küng Janine	1993	Mollis	00:43:34.8	00:08:42.6
20	151	Luchsinger Brigitte	1960	Haslen	00:43:38.1	00:08:45.9
21	213	Knobel Anja	1992	Glarus	00:44:03.0	00:09:10.8
22	61	Luchsinger Saskia	1995	Mittlödi	00:44:07.0	00:09:14.8
23	62	Luchsinger Robine	1996	Schwanden	00:44:07.1	00:09:14.9
24	147	Umberg Laura	1994	Nidfurn	00:44:07.2	00:09:15.0
25	82	Rhyner Tanja	1997	Enneda	00:45:11.3	00:10:19.1
26	95	Lendi Manuela	1989	Jona	00:45:54.0	00:11:01.8
27	83	Widmer Alexandra	1992	Glarus	00:48:51.7	00:13:59.5
28	85	Kengelbacher Isabelle	1988	Glarus	00:48:59.8	00:14:07.6
29	74	Schwegler Susanne	1967	Glarus	00:50:41.8	00:15:49.6
30	72	Gröper Tina	1974	Näfels	00:50:42.7	00:15:50.5
31	86	Hürliemann Gabriela	1965	Fehraltorf	00:51:19.0	00:16:26.8
32	92	Murdock Leigh	1930	Schwändi	00:51:19.6	00:16:27.4
33	79	Stauffacher Sonja	1996		00:54:13.8	00:19:21.6

## Einsteigerlauf Herren

1	99	Bässler Severin	1999	Elm	00:29:28.0	00:00:00.0
2	80	Durrer Andreas	2003	Vilters	00:30:37.9	00:01:09.9
3	60	Künzel Fabian	1999	Schwanden	00:30:48.1	00:01:20.1
4	98	Bässler Mario	2002	Elm	00:33:37.8	00:04:09.8
5	55	Hauser Abimael	2000	Glarus	00:34:00.3	00:04:32.3
6	87	Schlittler Fritz	1959	Näfels	00:34:27.3	00:04:59.3
7	56	Hefti Martin	2001	Diesbach	00:36:01.1	00:06:33.1
8	51	Albert Severin	2001	Albert	00:36:01.6	00:06:33.6
9	81	Durrer Flavio	2004	SSC Vilters	00:36:13.5	00:06:45.5
10	271	Zimmermann Niculin	1998	Stäfa	00:36:17.3	00:06:49.3
11	64	Marti Tim	2002	Schwanden	00:36:27.8	00:06:59.8
12	88	Merz Markus	1967	Niederurnen	00:36:51.1	00:07:23.1
12	201	Becker Linus	2002	Schwanden	00:36:51.1	00:07:23.1
14	70	Zweifel Fabian	1998	Ennenda	00:38:17.9	00:08:49.9
15	77	Meesters Michael	1979	netstal	00:39:21.0	00:09:53.0
16	68	Hösli Tobias	2002	Luchsingen	00:40:35.5	00:11:07.5
17	69	Zanoni Sandro	2001	Schwanden	00:42:07.3	00:12:39.3
18	66	Schmid Reto		Glarus	00:42:37.3	00:13:09.3
19	53	Brönnimann Tim	2001	Niederurnen	00:42:39.2	00:13:11.2
20	54	Gisler Ramon	1999	Ennenda	00:43:26.6	00:13:58.6
21	65	Monza Joel	1999	Sool	00:43:41.8	00:14:13.8
22	52	Becker Reto			00:43:49.8	00:14:21.8
23	58	Jakober Samuel	2000	Ennenda	00:46:21.9	00:16:53.9
24	97	Ok Ercan	1977	Mollis	00:46:37.5	00:17:09.5
25	226	Künzel Fabian	2001	Schwanden	00:47:19.0	00:17:51.0
26	59	Jenny Marco	2000	Sool	00:47:22.6	00:17:54.6
27	258	Ott Werner	1958	Linthal	00:55:55.8	00:26:27.8
28	178	Lenzinger Jack	1933	Schwändi	00:58:51.7	00:29:23.7
29	91	Murdock Bill	1965	Schwändi	00:58:51.9	00:29:23.9
30	260	Collenberg Norbert	1982	Zürich	01:05:31.2	00:36:03.2
31	261	Rickenbacher Martin		Alpthal	01:08:59.8	00:39:31.8
32	254	Rutishauser Cornelia	1976	Lachen	01:13:12.0	00:43:44.0

## Sie & Er

1	9	Bäbler Sarah, Hefti Stefan		Riedern	00:55:13.4	00:00:00.0
2	1	Kuemin Eveline, Haas Inger		Wollerau	01:02:26.6	00:07:13.2
3	8	Caderas Marianne, Caderas Fernando		Nänikon	01:07:13.8	00:12:00.4
4	5	Huber Saskia, Rast Ralph		Glarus	01:08:02.9	00:12:49.5
5	7	Gwerder Rita, Vogel Koni		Ennenda	01:09:49.4	00:14:35.10
6	3	Waldvogel Marlene, Schiesser Thomas		Netstal	01:13:36.1	00:18:22.7
7	10	Schoggi Heinisch Daniel		Ruschlikon	01:14:28.8	00:19:15.4
8	4	Breitenmoser Sonja, Kistler Thomas		Niederurnen	01:14:41.5	00:19:28.1

## Jugendlauf weiblich

1	27	Stocker Zoe	2003	Filzbach	00:08:46.9	00:00:00.0
2	31	Elmer Eliane	2008	Elm	00:10:19.4	00:01:32.5
3	29	Becker Nina	2004	Schwanden	00:10:44.0	00:01:57.1
4	26	Stocker Anouk	2006	Filzbach	00:11:02.9	00:02:16.0
5	28	Becker Paula	2007	Schwanden	00:12:22.3	00:03:35.4
6	273	Facchinetti Madlaina	2008	Hombrechtikon	00:12:27.6	00:03:40.7

## Jugendlauf männlich

1	30	Hiernickel Peter	2001	Schwanden	00:07:58.8	00:00:00.0
2	25	Bässler Yanick	2005	Elm	00:08:41.3	00:00:42.5
3	32	Wirth Remo	2005	Netstal	00:08:57.2	00:00:58.4
4	21	Lüscher Alec	2006	Glarus	00:09:01.5	00:01:02.7
5	22	Schnyder Ronny			00:09:04.3	00:01:05.5
6	23	Pesenti Siro	2006	Netstal	00:09:26.9	00:01:28.1
7	24	Pesenti Lio	2008	Netstal	00:10:09.5	00:02:10.7